

CURRICULUM VITAE

Nome: Claudia Mazzeschi,

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Claudia Mazzeschi, Psychologist, Ph.D in Developmental Psychology, Full Professor in Clinical-Dynamic Psychology at the University of Perugia (Department of Philosophy and Human Sciences)

Affiliations

- Member of the Albo degli Psicologi della Toscana (n. 2447 – since January 1998)
- Member of the AIP – Italian Association of Psychology
- Member of SPR – Society for Psychotherapy Research
- Member of the IPSO – International Psychoanalytic Society for Psychoanalysis Candidates (Italian Association of Psychoanalysis – A.I.Psi.)
- Member of the ISPS – The International Society for Psychological and Social Approaches to Psychosis
- Member and co-founder of the IRCIP – Società Italiana per la Ricerca e la Clinica nella Perinatalità

Principal institutional academic functions

- President of the Master Course Degree in *Assessment of Individual Functioning in Clinical and Health Psychology* – University of Perugia
- President of the Bachelor Degree (First Cycle Degree Program) *Psychological and Technical Science* – University of Perugia
- *Coordinator of the Academic Research Committee of the Department of Philosophy and Human Sciences - University of Perugia*
- *Member of the Ph.D. board in Human Sciences - University of Perugia*
- *Coordinator of the Psychological Unit of the University Centre C.U.R.I.A.Mo. and of the EROBIS Project*

Other functions

Principal investigator of some projects:

- 2010, Unity B, research of national interest (PRIN 2010): “Play”, in collaboration with University of Padova e University of Trento. PRIN finanziato.
- Anno 2015: Projects on Piano Regionale della Prevenzione 2014-2018 - Dipartimento di Filosofia, Scienze Sociali, Umane e della Formazione e Regione Umbria, Direzione regionale salute e coesione sociale, Servizio prevenzione, sanità veterinaria e sicurezza alimentare
- Partecipazione a progetto Horizon 2020 –Ealthy diet: early years and ageing population. Community based program to improve the healthy lifestyke of children and their parents in Umbria Region COLoUR

Referee for national and international journals: European Journal of Developmental Psychology, Journal of Child and Family Studies, Health Psychology and Behavioral Medicine, BioMedReserach, PLOS-One, Italian Journal of Psychology, Frontiers Psychology - Psychology for Clinical Settings

Research areas of interest

- Validation of psychological instruments for personality assessment and psychological functioning, in childhood and adulthood
 - Performance-based personality tests
 - Self-report measures
- Applications of instruments in clinical settings: empirical and theoretical research
- Research on clinical psychology: planning and evaluation of clinical intervention, in childhood and adulthood
 - Evaluation of clinical intervention (outcome and process evaluation)
 - Psychotherapy research
 - Intervention on psychosis
- Risk and protective factors for parenting, in typical and atypical conditions
 - Attachment measures
 - Prenatal measures
 - Follow up
- Health psychology and clinical psychology
 - The intervention on childhood and adulthood obesity
 - Risk and protective factors on intervention on obesity
 - Research on short-term and long-term mechanisms affecting intervention on obesity

Publications (2010-2015)

International articles

- 1) Laghezza, L., Mazzeschi, C., Di Riso, D., Chessa, D., & Buratta, L. (2010). The FMSS as a measure of parental EE in the field of disability. *Life Span and Disability*, Vol. 13, N.2, 169-186, ISSN 2035 5963
- 2) Lis, A., Mazzeschi, C. Di Riso, D. & Salcuni, S. (2011): Attachment, Assessment, and Psychological Intervention: A Case Study of Anorexia, *Journal of Personality Assessment*, 93:5,434-444
- 3) De Feo P, Fatone C, Burani P, Piana N, Pazzagli C, Battistini D, Capezzali D, Pippi R, Chipi B, Mazzeschi C. (2011) An innovative model for changing the lifestyles of persons with obesity and/or type 2 diabetes mellitus. *J. Endocrinol Invest* 2011; 34: e349-e354.
- 4) Mazzeschi C., Pazzagli C., Buratta L., Reboldi G., Battistini D., Pippi R., Fatone C., De Feo P (2012). Mutual interactions between depression/quality of life and adherence to a multidisciplinary lifestyle intervention in obesity. *Journal of Clinical Endocrinology & Metabolism*, 97, E2261–E2265.
- 5) Chessa, D., Lis, A., Di Riso, D., Devecchio, E., Mazzeschi, C., Russ, S.W., Dillon, J. (2013). A Cross-Cultural Comparison of Pretend Play in U.S. and Italian Children. *Cross Cultural Psychology*, Vol. 44, Issue 4, May 2013 pp. 640 – 656
- 6) Piana, N., Battistini, D., Urbani, L., Romani, G., Fatone, C., Pazzagli, C., Laghezza, L., Mazzeschi, C., De Feo, P. (2013). Multidisciplinary lifestyle intervention in the obese: its impact on patients perception of the disease, food and physical exercise. *Nutrition, Metabolism & Cardiovascular Diseases*, 23, pp. 337-343
- 7) Pazzagli, C., Mazzeschi, C., Laghezza, L., Reboldi, G.P., De Feo, P. (2013). Effects of a multidisciplinary lifestyle intervention for obesity on mental and physical components of quality of life: the mediatory role of depression. *Psychological Reports: Mental & Physical Health*, 112, 1, pp. 1-14.
- 8) Del Vecchio, E., Pazzagli, C., Di Riso, D., Chesa. D., Mazzeschi, C. (2013) Attachment pattern and cognitive skills: an exploratory study in an Italian non-clinical sample. *Perceptual and Motor Skills: Physical Development & Measurement*, 2013, 116, 830-846.
- 9) Delvecchio, E., Lis, A., Di Riso, D., & Mazzeschi, C. (2013). Mother, father, or peers? Attachment relationships in Italian early and mid-adolescents. *Psychology: Humanism and Science*, 2, 68-82.
- 10) Delvecchio, E., Di Riso D., Chessa, D., Salcuni, S., Mazzeschi C., Laghezza, L. (2013). Expressed emotion, parental stress, and family dysfunction among parents of nonclinical italian children. *Journal of Child and Family Studies*, 10, 826-833.
- 11) C. Mazzeschi, C. Pazzagli, Laghezza, L., De Feo, P., Reboldi, P., De Giorgi, G. (2013). Parental alliance and family functioning in pediatric obesity from both parents' perspectives. *Journal of Developmental & Behavioral Pediatrics* 10/2013; 34(8):583-8. DOI:10.1097/DBP.0b013e3182a50a89
- 12) Delvecchio, E., Mabilia, D., Lis, A., Mazzeschi, C., Nie, Y., & Li, J. (2014). From China to Italy: Validation of the Adolescent Self-consciousness Questionnaire. *European Journal of Developmental Psychology*, 11, 120-128. DOI:10.1080/17405629.2013.831760.
- 13) Di Riso D, Bobbio A, Chessa D, Lis A, Mazzeschi C. Int J Psychiatry Clin Pract. 2014 Feb 4. (2014). Analysis of the interplay between depression, anxiety and psychological resources in adolescence using self-report measures. *International Journal of Psychiatry in Clinical Practice* International Journal of Psychiatry in Clinical Practice (Impact Factor: 0.45). 02/2014; DOI:10.3109/13651501.2014.890227

- 14) [Salvatore Gullo](#), [Gianluca Lo Coco](#), [Chiara Pazzagli](#), [Natalia Piana](#), [Pierpaolo De Feo](#), [Claudia Mazzeschi](#), [Dennis M Kivlighan](#) (2013). A Time-Lagged, Actor-Partner Interdependence Analysis of Alliance to the Group as a Whole and Group Member Outcome in Overweight and Obesity Treatment Groups. *Journal of Counseling Psychology* (Impact Factor: 3.23). 03/2014; DOI:10.1037/a0036084 Source: [PubMed](#)
- 15) Laghezza, L., Delvecchio, E., Pazzagli, C., & Mazzeschi, C. (2014). The Family Assessment Measure III (FAM III) in an Italian sample. An exploratory study. *Bollettino di Psicologia Applicata*, 269, 17-28.
- 16) Delvecchio, E., Di Riso, D., Chessa D., Salcuni, S., Mazzeschi, C., & Laghezza, L. (2013). Expressed Emotion, Parental Stress, and Family Dysfunction Among Parents of Nonclinical Italian Children. *Journal of Child and Family Studies*. ISSN 1062-1024, vol. 23, N.6, DOI 10.1007/s10826-013-9754-x, 989-1000
- 17) Delvecchio, E., Mabilia, D., Lis, A., Mazzeschi, C., Nie, Y., & Li, J. (2013). From China to Italy: Validation of the Adolescent Self-consciousness Questionnaire. *European Journal of Developmental Psychology*. DOI:10.1080/17405629.2013.831760.
- 18) Chessa, D., Lis, A., Di Riso, D., Delvecchio, E., Mazzeschi, C., Russ, S., & Dillon, W. (2013). A cross cultural comparison of pretend play in US and Italian children. *Journal of Cross-Cultural Psychology*, 44(4), 640 - 656. DOI: 10.1177/0022022112461853.
- 19) Claudia Mazzeschi, Chiara Pazzagli, Loredana Laghezza, Dalila Battistini, Elisa Reginato, Chiara Perrone, Claudia Ranucci, Cristina Fatone, Roberto Pippi, Maria Donata Giaimo, Alberto Verrotti, Giovanni De Giorgi and Pierpaolo De Feo has been received (in press). E.U.R.O.B.I.S.: The Combination of an EPODE Community Based and Clinical Care Intervention to Improve the Lifestyles of Children and Adolescents with Overweight or Obesity. *BioMed Research International* Volume 2014 (2014), <http://dx.doi.org/10.1155/2014/546262>
- 20) Mazzeschi, C., Piana, N., Capezzali, D. Antonella Mommi, Cristina Aiello, Michela Gatti, Giannermete Romani, Livia Buratta, Dalila Battistini, Giovanni Nasini, Elisa Reginato, Lorena Urbani, Chiara Pazzagli, Carla Ferri, Giuseppe Ambrosio, and Pierpaolo De Feo (2014). The Impact of Strenuous Group Physical Activity on Mood States, Personal Views, Body Composition, and Markers of Myocardial Damage in Overweight/Obese Adults: The “Step-by-Step Italy’s Coast to Coast” Trek. *BioMed Research International*, Volume 2014 (2014), Article ID 854129, 7 pages <http://dx.doi.org/10.1155/2014/854129>
- 21) Mazzeschi, C., Pazzagli, C., Laghezza, L., Radi, G., Battistini, D., De Feo, P. (2014). The role of both parents’ attachment pattern in understanding childhood obesity. *Frontiers Psychology - Psychology for Clinical Settings* - DOI: 10.3389/fpsyg.2014.00791
- 22) Chessa, D., Lis, A., Di Riso, D., Delvecchio, E., Mazzeschi, C., Russ, S., & Dillon, W. (2013). A cross cultural comparison of pretend play in US and Italian children. *Journal of Cross-Cultural Psychology*, 44(4), 640 - 656. DOI:10.1177/0022022112461853
- 23) Pazzagli, C., Laghezza, L., Manaresi, F., Mazzeschi, C., Powell, B. (2014). The Circle Of Security Parenting and parental conflict: a single case study. *Frontiers Psychology - Psychology for Clinical Settings* –
- 24) Pazzagli, C., Laghezza, L., Capurso, M. Sommella, C., Lelli, F., Mazzeschi, C. (2014). Antecedents and consequences of Fear of Childbirth in nulliparous and parous women" *Infant Mental Health Journal*, Vol. 36 (1), 1-12 (2014) - DOI: 10.1002/imhj.21483
- 25) Delvecchio, E., Chessa, D., Di Riso, D., Mabilia, D., Lis, A., Mazzeschi, C. (2014). Construct validity of the Parental Alliance Measure in a sample of 1444 Italian parents. *BPA, Applied Psychology Bulletin*, Vol. LXII, September/ December 2014, N° 271, 54-64 (2014) –

- 26) Delvecchio, E., Di Riso, D., Chessa D., Salcuni, S., Mazzeschi, C., & Laghezza, L. (2014). Expressed Emotion, Parental Stress, and Family Dysfunction Among Parents of Nonclinical Italian Children. *Journal of Child and Family Studies*, 23, 989-999. DOI:10.1007/s10826-013-9754-x
- 27) Delvecchio, E., Mabilia, D., Lis, A., Mazzeschi, C., Nie, Y., & Li, J. (2014). From China to Italy: Validation of the Adolescent Self-consciousness Questionnaire. *European Journal of Developmental Psychology*, 11, 120-128. DOI:10.1080/17405629.2013.831760
- 28) Peciccia, M., Mazzeschi, C., Donnari, S., Buratta, L. (2015). A sensory-motor approach for patients with diagnosis of psychosis. Some data from an empirical investigation on Amniotic Therapy. *Psychosis*, Vol. 7, 2, 2015, 141-151 DOI: 10.1080/17522439.2014.926560
- 29) Li, J., Delvecchio, E., Di Riso, D., Salcuni, S., & Mazzeschi, M. (2015). Self-esteem and its association with depression in Chinese, Italian, and Costa Rican adolescents: A cross-cultural study. *Personality and Individual Differences*. DOI:10.1016/j.paid.2015.02.036
- 30) Delvecchio, E., Sciandra, A., Finos, L., Mazzeschi, C., Di Riso, D. (2015). The role of co-parenting alliance as a mediator between trait anxiety, family system maladjustment, and parenting stress in a sample of non-clinical Italian parents. *Frontiers Psychology - Psychology for Clinical Settings*. 19 August 2015 doi: 10.3389/fpsyg.2015.01177
- 31) Cavallina, C., Pazzagli, C., Ghiglieri, V., Mazzeschi, C. (2015). Attachment and parental reflective functioning features in ADHD: enhancing the knowledge on parenting characteristics. *Frontiers Psychology - Psychology for Clinical Settings*. <http://dx.doi.org/10.3389/fpsyg.2015.01313> Front. Psychol., 01 September 2015 <http://dx.doi.org/10.3389/fpsyg.2015.01313>
- 32) Mazzeschi, C., Pazzagli, C., Radi, G., Raspa, V., Buratta, L. (2015). Antecedents of maternal parenting stress: the role of attachment style, prenatal attachment and dyadic adjustment in first-time mothers. *Front. Psychol. - Psychology for Clinical Settings*, 24 September 2015 doi:10.3389/fpsyg.2015.01443
- 33) Ardizzi, M., Ambrosecchia, M., Buratta, L., Peciccia, M., Donnari, S., Mazzeschi, C., Gallese, V. (2015). Interoception Sensitivity and Autonomic Regulation During Social Interaction in Schizophrenia. *European Psychiatry - Volume 30, Supplement 1*, 28–31 March 2015, Pages 1693 doi.org/10.1016/S0924-9338(15)32093-9

National articles and books' chapters

- 1) C. Mazzeschi, C. Pazzagli, L. Laghezza (2011). Il valore terapeutico della fiaba in età evolutiva. un caso da un assessment collaborativo. In Vinti, C. (a cura di) *La fiaba come tradizione e traduzione. Interpretazioni, metamorfosi e ricitture del fiabesco*, Conversaii. Studi Linguistici del CLA - Sezione Ricerca. Perugia: Guerra Edizioni, pag. 111-124, ISBN: 978-88-557-0402-1
- 2) Mazzeschi, C., Pazzagli, C., Battistini, D. (2011). *Barometro*. Roma: Agapantos Editore. ISBN: 978-88-98250-00-4
- 3) Meloni, F., Federici, S., Stella, A., Mazzeschi, C., Cordella, B., Greco, F., & Grasso, M. (2012). The Psychologist. In S. Federici & M. J. Scherer (Eds.), *Assistive Technology Assessment Handbook* (pp. 149–177). Boca Raton, FL: CRC Press. doi:10.1201/b11821-11 // ISBN: 978-1-4398-3865-5
- 4) Meloni, F., Federici, S., Stella, A., Mazzeschi, C., Cordella, B., Greco, F., & Grasso, M. (2013). Lo psicologo. In S. Federici & M. J. Scherer (Eds.), *Manuale di valutazione delle tecnologie assistive* (pp. 159–186). Milano, IT: Pearson. ISBN: 9788865181362]

- 5) De Feo, P., Fatone, C., Mazzeschi, C., Battistini, D. (2013). Diabetes and exercise. In *Endocrinology of Physical Activity and Sport*. 2nd Edition. ISBN: 978-1-62703-313-8, Springer, 501-513
- 6) Mazzeschi, C., Laghezza, L. (2013). Capitolo 2. Parenting e coparenting. In *Family and Families*. Padova: Unipress, 21-44
- 7) Mabilia, D., Mazzeschi, C., Lis, A. (2013). Strumenti per la misurazione del funzionamento familiare. In *Family and Families*. Padova: Unipress, 21-42
- 8) In *Family and Families*. Padova: Unipress, 45-56
- 9) De feo, P., Mazzeschi, C. (2015). Miglioramento dello stile di vita. In Fatichenti, F. (a cura di). *Dalla coltura alla cultura alimentare. L'esperienza dell'Umbria. Culture Territori Linguaggi*, 6, 2015, pp. 122-129 ISBN 9788890642180
- 10) Mazzeschi, C., Delvecchio, E., Pazzagli, C. (in press). L'uso dell'attaccamento nell'obesità. In Lis, A., Di Riso D., George, C. e West, M. (a cura di) *VOLUME IN PRESS* Casa Editrice: Franco Angeli

Books

Lis, A., Di Riso, D., Mazzeschi, C., Chessa, D. (2013). *La valutazione dell'adattamento psicologico del bambino. I self-report*. Raffaello Cortina Editore.

Di cui i capitoli:

- Mazzeschi, C., Laghezza, L., Spielberger, C. (2013). State-Trait Anxiety Inventory for children (STAI-C): l'ansia di stato e l'ansia di tratto nel bambino.
- Mazzeschi, C., Buratta, L. (2013). La Children Manifest Anxiety Scale (RCMAS): prima e seconda revisione.

Battistini, D., Pazzagli, C., Mazzeschi, C., De Feo Pierpaolo (2014). *L'obesità in età evolutiva. Uso del video-feedback nell'intervento con la famiglia*. Mediabook - Core Book, Multimedia & Editoria – Perugia (2014). ISBN: 978-88-96560-77-8

Zennaro, A., Lis, A., Mazzeschi, C., Fulcheri, M., Di Nuovo, S. (2015). *Il PAI - Personality Assessment Inventory*. Casa Editrice: Hogrefe.