



# Erasmus+ Call *Traineeship Mobility*

INFORMATION SESSION



A.D. 1308  
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DI PERUGIA



**Erasmus+**

Enriching lives, opening minds.

The Erasmus+ Traineeship Mobility Programme allows students, doctoral candidates, postgraduate trainees, recent graduates, and those who have recently obtained a PhD to undertake a traineeship period at laboratories or facilities of Higher Education Institutions, or at companies, training centres, research centres, or other organisations.



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### Eligible countries:

**EU Member States and Third Countries Associated with the Programme (EU):** Austria, Belgium, Bulgaria, Cyprus, Croatia, Denmark, Estonia, Finland, France, Germany, Greece, Ireland, Iceland, Latvia, Liechtenstein, Lithuania, Luxembourg, Republic of North Macedonia, Malta, Norway, the Netherlands, Poland, Portugal, Czech Republic, Romania, Serbia, Slovakia, Slovenia, Spain, Sweden, Turkey, and Hungary.

**Third Countries not Associated with the Programme (non-EU).**



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## **Eligible organisations and institutions**

- a) Higher Education Institution holding an Erasmus Charter for Higher Education (ECHE);
- b) Public or private organisation active in the labour market or in the fields of education, training, and youth.

## **Non-eligible organisations and institutions**

- a) EU institutions and other EU bodies, including specialised agencies;
- b) Organisations managing EU programmes, such as National Agencies (in order to avoid possible conflicts of interest and/or double funding).

## Participation requirements

- a) Being **regularly enrolled** at the University of Perugia;
- b) **Not receiving, during the same Erasmus+ Traineeship mobility period, a European contribution** provided by other mobility programmes funded by EU funds;
- c) Students who have already completed a study or traineeship period under the Erasmus+ Programme may apply for this call provided they do not exceed a total of 12 months, including those already completed within the same study cycle (or 24 months in the case of a single-cycle Master's degree).

## Compatibility with previous Erasmus+ experiences

Students who have already completed a study or traineeship period under the Erasmus+ Programme may apply under the following conditions:

- a) If enrolled in the **same study cycle** in which they carried out the Erasmus+ mobility, **the total duration of mobility must not exceed 12 months, including the months already completed** (24 months in the case of a single-cycle Master's degree);
- b) If enrolled in a **study cycle different** from the one in which they carried out the Erasmus+ mobility, **the total duration of mobility must not exceed 12 months** (24 months in the case of a single-cycle Master's degree), **excluding the months already completed** in the previous study cycle.



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## **Application submission procedure**

The application for participation must be completed exclusively online at the following link:

<https://unipg.esse3.cineca.it/Home.do>

Applicants must log in using their University credentials

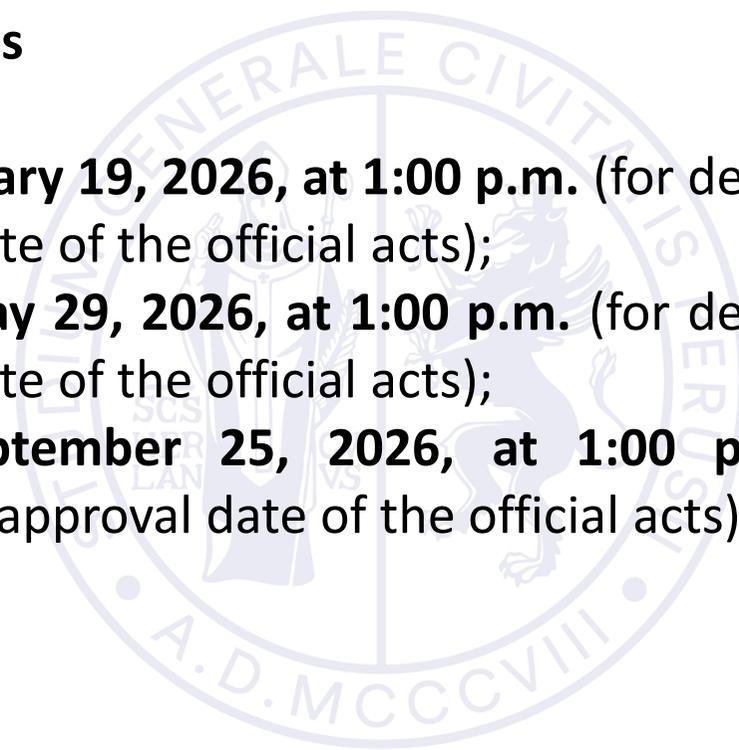
www.unipg.it

## Application deadlines

First deadline: **February 19, 2026, at 1:00 p.m.** (for departures after the approval date of the official acts);

Second deadline: **May 29, 2026, at 1:00 p.m.** (for departures after the approval date of the official acts);

Third deadline: **September 25, 2026, at 1:00 p.m.** (for departures after the approval date of the official acts).



## Types of traineeship

**Predefined traineeship:** carried out at organisations or institutions with which the University of Perugia has established cooperation agreements.

**Autonomous traineeship:** carried out at organisations independently identified by the applicant, provided they are eligible for Erasmus+ Traineeship programme.

Applicants may submit **only one application**, either for an autonomous traineeship or for a predefined traineeship.

## Documents to be attached to the application for AUTONOMOUS traineeships:

1) ***Learning Agreement for Traineeship (Section: Before the Mobility)***, in English, clearly outlining the content of the traineeship activities. The document must be signed by the applicant, by the person in charge at the host organisation/company, and:

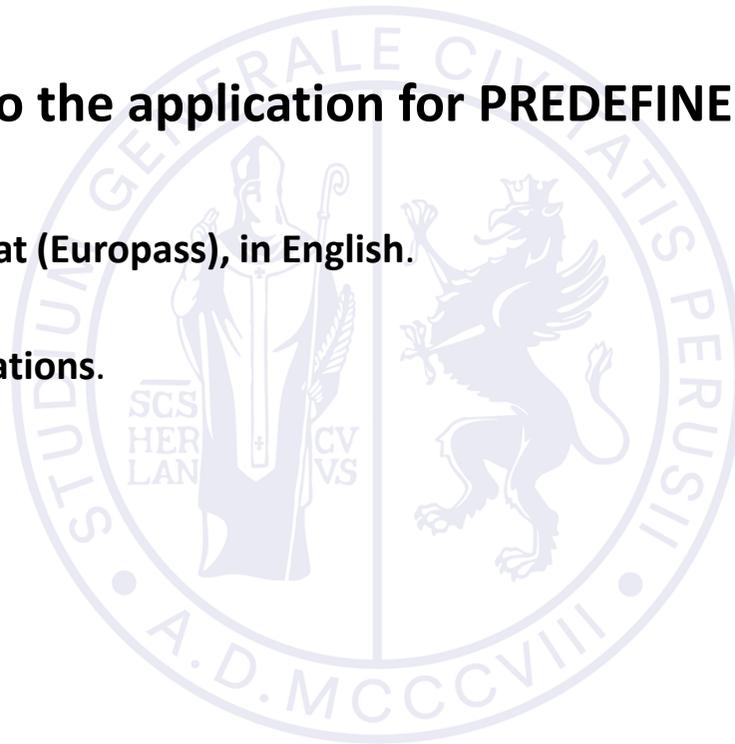
- for students: by the Department Erasmus Coordinator;
- for doctoral candidates: by the Coordinator of the PhD Programme;
- for postgraduate trainees: by the Director of the Specialisation School;
- for students enrolled in a Master's programme: by the Director of the Master's programme.

2) **Curriculum vitae** in European format (Europass), in English.

3) Any **international language certifications**.

## **Documents to be attached to the application for PREDEFINED traineeships:**

- 1) Curriculum vitae in European format (Europass), in English.**
- 2) Any international language certifications.**





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**Improve Your Talent** traineeship programme at **Italian Chambers of Commerce abroad**, reserved for students enrolled in degree programmes and PhD courses belonging to the **Departments of Economics, Law, Humanities – Languages, Literatures and Ancient and Modern Civilisations, and Political Science.**

Applicants must contact the tutor at the host location of interest, prepare the Learning Agreement for Traineeship in English, and attach it to the application, duly signed by the applicant, the responsible person at the Chamber of Commerce, and the UNIPG contact person.



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## Language skills

In the application, candidates must indicate their **level of proficiency in the language of the host country** or in the **working language**, which will be considered as an evaluation criterion by the Selection Committee, as provided for in Article 7.



## Language skills:

### Assessment criteria:

- a) Language placement tests successfully passed at the UNIPG Language Centre (CLA) within the last two years;
- b) International language certifications valid as of the application deadline;
- c) Language exams passed as part of the applicant's degree programme.

## Mobility period

The traineeship period must be carried out:

- entirely **within the applicant's study cycle** (Bachelor's degree, Master's degree, single-cycle Master's degree, Specialisation Schools, PhD programmes, first- and second-level Master's programmes), and in any case **no later than July 31, 2027**;
- OR
- entirely **within the twelve months following the graduation** (Bachelor's degree, Master's degree, single-cycle Master's degree, Specialisation Schools, PhD programmes, first- and second-level Master's programmes), and in any case **no later than July 31, 2027**.

## **IMPORTANT!!!**

STUDENTS WHO INTEND TO CARRY OUT A POST-DEGREE ERASMUS+ TRAINEESHIP MOBILITY MUST SUBMIT THEIR **APPLICATION** WHILE THEY ARE STILL ENROLLED AT THE UNIVERSITY, I.E. **BEFORE OBTAINING THEIR DEGREE.**

## Types of mobility

### LONG-TERM PHYSICAL MOBILITY

Long-term physical mobility is intended for all students enrolled in Bachelor's degree programmes, Master's degree programmes, single-cycle Master's degree programmes, PhD programmes, Master's programmes, and Specialisation Schools of the University. This type of mobility must have a **minimum duration of 2 months and a maximum duration of 12 months.**

## Types of mobility

### **SHORT-TERM PHYSICAL MOBILITY**

Students enrolled in Bachelor's degree programmes, Master's degree programmes, single-cycle Master's degree programmes, PhD programmes, Master's programmes, and Specialisation Schools of the University may also carry out short-term physical mobility lasting from 5 to 30 days, which must always be accompanied by a virtual mobility period (with the exception of short-term mobilities within PhD programmes, where the virtual component is optional but strongly recommended).

**European Union grants for mobility to EU Member States and Third Countries associated with the Programme (EU), and the United Kingdom and Switzerland**

**LONG-TERM PHYSICAL MOBILITY**

<b>Mobility to:</b>	<b>Grant (€)</b>
<b>Austria, Belgium, Denmark, Finland, France, Germany, Ireland, Iceland, Lichtenstein, Luxembourg, Norway, the Netherlands, and Sweden</b>	<b>550 euro/month</b>
<b>Third Countries not associated with the programme (<i>Extra-UE</i>): United Kingdom, Switzerland</b>	
<b>Bulgaria, Cyprus, Croatia, Estonia, Greece, Latvia, Lithuania, Malta, Poland, Portugal, Czech Republic, Republic of North Macedonia, Romania, Serbia, Slovakia, Slovenia, Spain, Turkey and Hungary.</b>	<b>500 euro/month</b>



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## **European Union grant for mobility to Third Countries not associated with the Programme (NON-EU / EXTRA-EU)**

### **LONG-TERM PHYSICAL MOBILITY**

The monthly amount (the same for all non-EU countries, with the exception of the United Kingdom and Switzerland) is € 700.

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**European Union financial contribution for mobility to EU Member States and Third Countries associated with the Programme (EU), and to Third Countries not associated with the Programme (NON-EU / EXTRA-EU)**

**SHORT-TERM PHYSICAL MOBILITY**

<b>Duration of physical mobility</b>	<b>Daily amount</b>
<b>Up to the 14th day of activity</b>	€ 79,00
<b>From the 15th to the 30th day</b>	€ 56,00

## Additional grants – Students with fewer opportunities

Mobility duration	Additional monthly grant	Total additional grant
Minimum of 2 months	€ 250	-
From 5 to 14 days	-	€ 100
from 15 to 30 days	-	€ 150



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## Additional grants

- **Additional monthly grant** provided by the University (equal to 50% of the EU grant). This grant will be paid only to students who earn academic credits from the Erasmus+ Traineeship mobility, as reported in Table B, section 1 of the Learning Agreement for Traineeship. Students enrolled in Specialisation Schools and PhD programmes are excluded from this additional grant.
- Students with special needs participating in mobility programmes may apply for an additional grant from the **Erasmus+ National Agency INDIRE** through the International Relations Office of the University of Perugia. The University also provides an additional monthly grant of €500 for students on mobility with a disability of 66% or higher and/or a recognised disability status (Article 3, paragraph 1 and/or paragraph 3, Law 104/92), as recorded in the ESSE3 system.
- Selected students may also apply for a monthly supplementary grant from the **Agency for the Right to University Education (A.Di.S.U.)**. The A.Di.S.U. call for applications is expected to be issued during the summer period.

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## Additional grants – travel

Travel distances	Standard travel – Amount	Green travel – Amount
Between 10 and 99 KM	€ 28,00 per participant	€ 56,00 per participant
Between 100 and 499 KM	€ 211,00 per participant	€ 285,00 per participant
Between 500 and 1999 KM	€ 309,00 per participant	€ 417,00 per participant
Between 2000 and 2999 KM	€ 395,00 per participant	€ 535,00 per participant
Between 3000 and 3999 KM	€ 580,00 per participant	€ 785,00 per participant
Between 4000 and 7999 KM	€ 1188,00 per participant	€ 1188,00 per participant
8000 KM or more	€ 1735,00 per participant	€ 1735,00 per participant

## Next information session

To be held online, in “Virtual Classroom” mode on the Microsoft Teams platform, on February 10, 2026 at 11:00 a.m.

Link

[https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_NTU2ZDJmNGUtNTA0Mi00MGExLTlmMjQtMzY5MmZlNzVIYzk3%40thread.v2/0?context=%7b%22Tid%22%3a%22067e7d20-e70f-42c6-ae10-8b07e8c4a003%22%2c%22Oid%22%3a%22e9f5fced-7e91-4523-a470-a1139a4f8664%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_NTU2ZDJmNGUtNTA0Mi00MGExLTlmMjQtMzY5MmZlNzVIYzk3%40thread.v2/0?context=%7b%22Tid%22%3a%22067e7d20-e70f-42c6-ae10-8b07e8c4a003%22%2c%22Oid%22%3a%22e9f5fced-7e91-4523-a470-a1139a4f8664%22%7d)

Departmental Erasmus Coordinators may organise additional information sessions.





## FOR INFORMATION

Ufficio Programmi Comunitari e Cooperazione Internazionale

Tel: +39 075 585 2084 | 2106

[ufficio.relint@unipg.it](mailto:ufficio.relint@unipg.it)

<https://www.unipg.it/internazionale/bandi-e-news>

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Area Relazioni Internazionali

Bando Erasmus+ Mobilità Traineeship